

## The Six Foes

**Anger (krodha) is your second enemy. Once you lose your temper you lose your control on yourself. In this state your mind is unstable and your power of judgment will become faulty.**

**Greed (lobha) is a worst enemy, which wanted to have everything for oneself. No sharing, no social obligations, a direct opposite to love.**

**Delusion (moha) - you are living in your own world of possessions filled with lust and greed. Not able to see the realities of life and your own nature.**

**Arrogance (mada) is the worst expression of ego. You feel like you are supreme and everyone else is your slave.**

**Jealousy (matsarya) - You cannot tolerate others having any wealth, possessions and all others should have nothing.**

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